

# ICOACH 2013 ETBF INTERNATIONAL COACHING CONFERENCE

# 27-29 SEPTEMBER 2013 / KUORTANE / FINLAND

Join us for the 2<sup>nd</sup> ETBF International Coaching Conference for Bowling Coaches in Kuortane Finland.

We invite all levels of coaches and bowlers to join us to get the latest information about coaching, sports science, psychology, coaching methodology, and coaching tools in this unique gathering event for bowling coaches.

22	23	24	25	26	27	28	29	30	1	2	3	4	5	6
SUN	MON	TUE	WED	THU	FRI	SAT	SUN	MON	TUE	WED	THU	FRI	SAT	SUN
				CHECK IN		(•A(H 2	2013	CHECK OUT						
CHECK	ETBF Level II Coaching Clinic				CHECK OUT		CHECK IN	ETBF Level III Coaching Clinic					CHECK OUT	



The ETBF Educational Committee wished to create an opportunity for our Level I and Level II coaches to

upgrade their coaching levels with the latest ETBF programs and also join our conference. Accordingly Kuortane will also host a Level II Coaching Clinic before (23-26 September) and a Level III Coaching Clinic after (30 September-5 October) the iCoach Conference. Please check our special fees for combined options on www.bowlingconference.com and contact Onder Gurkan for eligibility.

Please note; all packages include accommodation, meals (breakfast+lunch+dinner) and conference fees.

	Early Registration Till: 1 August 2013	Registration	ETBF Certified Coach			
	€ 450	€ 500	€ 475			
Fees	per person in double room	per person in double room	per person in double room			
Single room difference= + € 120						

Please contact Ms. Maarit Laitinen from Kuortane Sports Institute for any registration questions.

Tel. +358-6-5166 268 E-Mail: maarit.laitinen@kuortane.com

Please contact Onder Gurkan from ETBF for any questions related to Level II and Level III Coaching Clinics, Combined clinics, etc. E-Mail: og@etbf.eu

Place: Kuortane Bowling Training Center (ETBF Official Training Center) is in Kuortane High Performance Training Center in Kuortane, Finland. All accommodation, clinics, and meals will be held within the same facility.

Arrival Info: The nearest domestic Airport is Seinäjoki (55 km/40 min. by car from Kuortane) and the nearest international airport is Vaasa (120 km/1,5 hours by car from Kuortane). You can also fly to Helsinki and get the train to Seinäjoki (appr. 2.5-3 hours from Helsinki to Seinäjoki) There are many trains and flights daily from Helsinki to Seinäjoki and back. You can get more information about organizer's transport services from www.bowlingconference.com.

MORE INFO & REGISTRATION: www.bowlingconference.com

# SPEAKERS & TOPICS

Ulf Josefsson and Robert Anderson How to Build a National Coaching Education System

Rod Ross and Nick Bohanan
The ETA (Elite Talent Assessment)

#### Juha Maia

Teaching Versatility and How to Read Ball Reaction

Muriël Verbruggen - Van Langenhove Emotional Control & Performance

### Del Warren

How We Play The Game?

# Olli Ilander, M. Sc Nutrition

Fuel for Performance - nutritional strategies to keep up focus and skill during multi hour bowling competitions.

## Neil Stremmel, Rod Ross and Nick Bohanan

Toys and Tools of the ITRC

## Piritta Maja & Tiina Vilenius

Core Control and Mobility - how gymnastics work in supporting training for the bowlers

#### Ted Thompson

Seeing the Invisible. What you always wanted to see but couldn't, until now.

PANEL - Athletes Path Practice Pool - Workshop Product Releases

"Untill Next Time" Party

All day long talks, chats, and discussions...